



# YOUth for the Environment Day

[cgs.gov.sg/yed](https://cgs.gov.sg/yed)

**Adopt a Zero Waste lifestyle by:**



Reducing  
Disposables



Reducing  
Food Waste



# Youth for the Environment Day 2020

YED is a key annual platform to engage youths on environmental issues. Through YED, we want to encourage our youths to champion environmental ownership, not only by leading, organising and participating in activities with their peers and the community, but by adopting simple environmentally-friendly lifestyle practices.

## Everyone can play a part to reduce waste!

Here are two simple ways:

**Bring your own clean reusable bags, bottles and containers daily**

**Buy and order only what you need**

## Why Should We Care?

Semakau Landfill will run out of space by 2035 at the current rate of waste disposal, and waste generation and disposal contribute to carbon emissions.

### Reducing Disposables

In 2019 alone,  
**200,000 tonnes**  
of domestic waste disposed of were  
disposables, comprising items such as



disposable  
carrier bags



food  
containers



disposable  
cutlery



### Reducing Food Waste

In 2019, Singapore generated around



51,000 double  
decker buses



2 bowls of rice  
per person per day

### What can I do?

In order to reduce the use of disposables, encourage students and colleagues to bring their own clean reusable bags, bottles and containers daily.

### What can I do?

In order to reduce the amount of food waste generated, encourage your students and colleagues to buy and order only what they can finish.



# Promote YED to your students and encourage them to adopt Zero Waste habits!



**Zero Waste habits:**

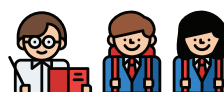
Reducing  
Disposables



Food Waste  
Reduction

## How to participate?

### A. YED Observance Activities



Screen Mothership's "Zero Waste Essentials our Environment Minister Can't Live Without" interview with Minister Masagos ([cgs.gov.sg/yed](https://cgs.gov.sg/yed)) to students, discuss key takeaways and organise quizzes/activities to promote adoption of the Zero Waste habits.

Organise YED Observance Activities to encourage Zero Waste habits in the areas of reducing disposables and food waste reduction from 16 July 2020 to 21 August 2020.

Examples of Observance Activities:

- i. Have green champions or student leaders organise a pledge activity for fellow schoolmates to commit to reducing disposables and food waste;
- ii. Have student leaders or green champions present a short skit to educate fellow schoolmates on the issue of disposables and food waste;
- iii. Have students examine their family lifestyle and the disposables they have seen;
- iv. Have them create posters or short videos on reducing disposables or food waste reduction as part of project work and share their ideas on a Zero Waste lifestyle with their classmates.

Tip: ask students to think about the disposables and food waste they encounter in their daily lives and how they could cut it down.

(Refer to Page 5 for more details).



## B. YED-Related Activities



Organise activities to encourage students to reduce disposables and food waste. Upload photos of these activities on schools' Facebook or Instagram with the caption "in support of YED 2020" and tag #YED2020.



### Examples of YED-related activities:



## Reducing Disposables

### No Disposables Week/Day

Designate a day or week and encourage students to bring their own bottles or containers. Encourage drink stall owners to also prompt the students.

### Decorate My Bottle/Container

Encourage students to express their creativity by personalising their own reusable containers and using it in school while observing hygiene considerations.

Make it even more interesting by turning this into a competition!

### Make Your Own Reusable Bag

Create an interesting lesson for students to make their own reusable bag from materials they have at home. Have students bring it home and encourage their family to use reusable bags for shopping.

## Food Waste Reduction

### No Food Waste Week/Day

Work with canteen tenants to offer 2 sizes of meals. Encourage students to order only what they need and to finish their food.

### Organise Food Donation Drives

Contact the following organisations:



The Food Bank Singapore  
[www.foodbank.sg](http://www.foodbank.sg)



Food from the Heart  
[www.foodfromtheheart.sg](http://www.foodfromtheheart.sg)



Fei Yue Community Services  
[www.fycs.org](http://www.fycs.org)



Willing Hearts  
[www.willinghearts.org.sg](http://www.willinghearts.org.sg)



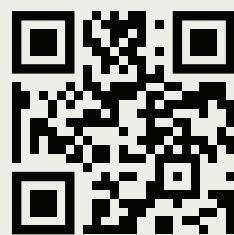
Lions Home for the Elders  
[www.lionshome.org.sg](http://www.lionshome.org.sg)



## Where to find more resources:

- Tap on resources and YED-related social media content that NEA is creating with social media publishers to engage the students.
- View our resources at [cgs.gov.sg/yed](http://cgs.gov.sg/yed) or the attached QR code. (there are social media content you could use!) Students are also encouraged to look into volunteering opportunities on the YED resource page.
- Refer to Page 4 of this resource kit for funding details.

Scan me for more resources!



# Environment Fund for Schools (EFS)

Submit your completion report and photographs of the environmental activities in your school to apply for funding support.

Tier	Criteria <sup>1</sup>	Quantum
1	YED Observance Activities <sup>2</sup> from 16 July to 21 August 2020: i. Screening of the video "Zero Waste Essentials our Environment Minister Can't Live Without"; ii. Discussion on key takeaway/learning points from the video interview; iii. Participation in an activity (such as quizzes, discussion, games etc) related to the topics of reducing disposables and/or food waste.	\$1,500
	One environment activity at school-wide level	
	Two environmental activities at cohort or club level <sup>3</sup>	
2	YED Observance Activities <sup>2</sup> from 16 July to 21 August 2020: i. Screening of the video "Zero Waste Essentials our Environment Minister Can't Live Without"; ii. Discussion on key takeaway/learning points from the video interview; iii. Participation in an activity (such as quizzes, discussion, games etc) related to the topics of reducing disposables and/or food waste.	\$1,000
	Two environmental activities at cohort or club level <sup>3</sup>	
3	Two environmental activities at cohort or club level <sup>3</sup>	\$500

<sup>1</sup> The EFS is open to Pri/Sec/JC/ITE school levels.

<sup>2</sup> YED-designated activities must be based on the year's focus and must be conducted between 16 July and 21 August 2020, unless otherwise communicated by NEA. You are encouraged to upload photos of YED-designated activities that you have organised on Facebook or Instagram with the caption "in support of YED 2020" and the hashtag #YED2020.

<sup>3</sup> The environmental activity must be conducted between January and December 2020 and must fulfil NEA's strategic outcomes as specified on the EFS webpage. You may wish to focus on activities that promote Zero Waste habits between 16 July and 16 November 2020.



Scan me  
for more EFS  
information.





# Sustainability Guidelines for Events

Your event should incorporate at least 3 of the following event guidelines:

- Inform participants to bring their own reusable water bottles in advance. Share the location of water dispensers/fountains.
- Use melamine/reusable crockery and cutlery for event catering.
- Use e-backdrops/signage and provide online links for materials and feedback forms.
- Place recycling and trash bins at visible and convenient locations. Encourage participants to bin their litter and recycle right through clear instructions on/near them.
- Avoid goodie bags or decorative tokens of appreciation/award plaques. Instead, keep items functional and meaningful – e.g. a plant, book, etc.
- Display 3Rs and other environmental posters at prominent locations.
- Incorporate environmental messages in emcee script, e.g.
  - Take/buy/use only what you need.
  - Bring a reusable bag and bottle.
  - Remember to recycle right.
  - Let's clean up and bin it.
  - Everyone needs to reduce, reuse, recycle right, to achieve Singapore's goal of becoming a Zero Waste nation.

More resources and videos to help you can be found @

[cgs.gov.sg/resources](https://cgs.gov.sg/resources)



Scan me  
for more  
resources!



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An initiative by



**National  
Environment  
Agency**

Safeguard • Nurture • Cherish